

# St. Catherine's Center for Children

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## Annual Report

July 1, 2009-June 30, 2010



Celebrating 125  
Years of Service

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St. Catherine's Center  
for Children  
40 North Main Avenue  
Albany, New York 12203  
(518) 453-6700  
[www.st-cath.org](http://www.st-cath.org)



# Welcome



**Dear Friends,**

On May 25, 1886, the Daughters of Charity opened a home for sick orphans at historic Schuyler Mansion in Albany. They embarked on a great mission to care for the youngest and most vulnerable in our community. One hundred and twenty-five years later, that home for orphans—the St. Francis DeSales Infant Asylum—has become St. Catherine’s Center for Children, a leading provider of human services for children and families in the Capital Region.

How far have we come since 1886? This annual report describes the wide array of services St. Catherine’s provides today. From a home for sick children to an agency offering a special education elementary school, a family homeless shelter, therapeutic foster care programs, community based services, and residential services for children, St. Catherine’s has evolved and grown to meet the changing needs of our community.

As we celebrate our 125th anniversary, we are reminded that great achievements—more often than not—are the result of a community effort. When individuals with a shared passion and common vision work together, great things happen. St. Catherine’s great achievement has been our commitment to serving children and families for more than five generations. And, it has been our good fortune to have friends who shared that commitment and embraced the values we hold dear. Our staff and board of directors are grateful to our friends and supporters, past and present, who have dedicated their time, talent, and resources to St. Catherine’s Center for Children for 125 years. Thank you!

*Sincerely,*

**Helen M. Hayes**  
Executive Director

**Stephanie A. Piel**  
President, Board of Directors

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St. Catherine’s Center for Children is accredited by the Council on Accreditation  
of Services for Families and Children, Inc.

# By the numbers

Programs	Children Served	Families Served
Residential Services	79	56
Day Treatment Program	86	73
Marillac Family Shelter	386	220
Community Based Services	309	185
Therapeutic Family Foster Care Programs	37	25
<b>Totals</b>	<b>897</b>	<b>559</b>

The numbers cited above indicate only those children and families formally entering our programs. St. Catherine's Center for Children works with hundreds of others during the course of a year, including work with potential clients who may ultimately be referred to other agencies for services. For children and families entering our programs, these figures represent *thousands of days of care*, and *tens of thousands of hours* of therapy, counseling, clinical reviews, special education, parent training, and other services designed to help families thrive. And, of course, every number represents a child or mother, a sister or brother, or some other individual who hopes for a brighter future for his or her family.

Revenue	Amount
Fees for Service	\$11,707,907
Grants/Applied Income	\$514,668
Other Income	\$203,190
<b>Total Revenues</b>	<b>\$12,425,765</b>

Expenses	Amount
Program	\$11,064,936
Administration	\$1,469,499
<b>Total Expenses</b>	<b>\$12,534,435</b>

## Executive Management Team

**Helen M. Hayes, Executive Director**

Don Smith, Deputy Executive Director for Agency Operations

Gail McCabe, Associate Executive Director for Program Operations & Planning

Frank Pindiak, Jr., Associate Executive Director for Continuous Quality Improvement



# Programs

## Residential Program

St. Catherine's Center for Children's **Residential** program provides treatment for children, ages five to 13, who have been removed from the custody of their families and require 24-hour supervised care in a therapeutic environment. Children are accepted based on their need for an intensive and therapeutic residential setting. They display a variety of emotional and behavioral difficulties, and many of the children served have a history of abuse and trauma. Services include individual, group, and family therapy; psychiatric and psychological evaluation; emergency/crisis stabilization and assessment; and daily recreational activity planning. Permanency planning is a critical element of the program. The permanency plan identifies obstacles and barriers to home placement, and establishes an individualized treatment plan designed to help a child return to his or her home as soon as possible. When a return to a child's home of origin becomes impossible, adoption or foster care placement are possible alternatives to residential care.



## Day Treatment Program

St. Catherine's **R & E May School** is a day treatment program for elementary school students who have behavioral and educational needs that cannot be met in a traditional school setting. Each student entering the program undergoes an individual assessment to determine his or her needs. Comprehensive services tailored for each student include special education, counseling, and occupational and speech/language therapy. Child psychiatrists provide consultation and supervision of medication therapy. Then, in collaboration with the child's family and school district, the school works toward developing the skills, attitudes, and knowledge necessary for the child to successfully return to a traditional school environment.

St. Catherine's Center for Children employs about 240 staff members at eight locations in Albany. During the 2009-2010 fiscal year, our services reached children and families in 46 cities, towns and villages, 26 school districts, and 22 counties in New York State. St. Catherine's is a member of the Sanctuary® network of agencies.

St. Catherine's receives hundreds of referrals every year. We review each referral to determine if our services fit the needs of the child or family. If we cannot provide assistance, we refer people to other service providers who can help. For more information about program referrals, contact our Coordinator of Intake for Day Treatment and Residential Programs at 518-453-6783.

## Therapeutic Family Foster Care

St. Catherine's **Therapeutic Family Programs** serve special needs children, from pre-school through adolescence, who require foster care in a therapeutic setting. Children in the program are identified and matched with professionally trained foster families who provide a consistent, predictable and nurturing home environment to help a child learn and grow. Professional foster parents receive extensive training and support services to help them meet their foster care commitment. Support includes, but is not limited to, respite, pre-placement training and education, ongoing training, peer support group meetings, participation in planning and implementation of the foster child's treatment plan, and availability of program staff 24 hours a day.

## Community Based Services

St. Catherine's offers a wide range of **Community Based Services** designed to preserve family life and equip at-risk families with the skills they need to function in today's world. Services include, but are not limited to, clinical assessment of families; parent skills training and parent support groups; individual, marital, and family counseling programs; parent aide/home aide services that include advocacy and role-modeling; parent care services for developmentally disabled adults; respite care for families with children displaying emotional or behavioral problems; and intensive support services for children and adolescents who have been in foster care or residential programs to help them attain independence in a family or community setting.

## Marillac Family Shelter

St. Catherine's **Marillac** Family Shelter provides temporary residence and supplemental services to families who have lost their homes. Marillac, Albany County's only shelter designed exclusively for families, not only offers shelter for the homeless, but also provides advocacy and assistance to address conflicts and issues that lead to homelessness. The program helps secure permanent adequate housing, employment, and other services essential for the welfare of the family (i.e. substance abuse counseling, day care, and mental health counseling). Families in the program may be housed for up to six months at a time. A supplemental, community-based program offers trauma counseling and other services to families that make the transition from a shelter back into the community.



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